March 29, 2019

The Honorable Roy Blunt The Honorable Patty Murray Chairman **Ranking Member** Senate Appropriations Subcommittee on Senate Appropriations Subcommittee on Labor, Health and Human Services, Education, Labor, Health and Human Services, Education, and Related Agencies and Related Agencies 135 Dirksen Senate Office Building 156 Dirksen Senate Office Building **United States Senate** United States Senate Washington, DC 20510 Washington, DC 20510 The Honorable Rosa DeLauro The Honorable Tom Cole Chairwoman **Ranking Member** House Appropriations Subcommittee on House Appropriations Subcommittee on Labor, Health and Human Services, Education, and Labor, Health and Human Services, Education, and **Related Agencies Related Agencies** 1016 Longworth House Office Building 2358-B Rayburn House Office Building United States House of Representatives United States House of Representatives Washington, DC 20515 Washington, DC 20515

Dear Chairwoman DeLauro, Ranking Member Cole, Chairman Blunt, and Ranking Member Murray:

As organizations committed to promoting positive emotional development for our youngest children, we request that you fund the Infant and Early Childhood Mental Health Grant Program at a level of \$20 million. This groundbreaking mental health program benefits children who are at risk for mental health disorders or who have been repeatedly exposed to trauma. As the leaders of the respective Subcommittees on Labor, Health and Human Services, and Education Appropriations in the House and the Senate, you have always shown a strong commitment to caring for our nations' young children, especially those who are most in need. This was demonstrated in your decision to fund these new grants in Fiscal Year 2018 and continue funding in Fiscal Year 2019, decisions that were celebrated by mental health providers across the nation. We hope you will continue to support the foundational development that positive early mental health represents by increasing funding in this area, where it is desperately needed.

In the 114th Congress, the House and Senate recognized the importance of the mental health of young children and their families by passing the bipartisan *Helping Families in Mental Health Crisis Act of 2016* as a part of the 21st Century Cures Act (P.L. 114-255). This important law includes the Infant and Early Childhood Mental Health Promotion, Intervention, and Treatment program (Sec. 10006) which creates grants that can leverage and improve critically important services in states and communities. First funded in Fiscal Year 2018, these grants are helping to change the course for children at risk for mental illness and behavioral disorders and children who have experienced trauma. By investing in early mental health promotion, identification, and treatment, as well as training, coordination and integration among providers through evidence-informed approaches, we can promote positive emotional development from the start and reduce the need for treatment later in life, when it becomes much more difficult, time intensive, and expensive.

These grants have the potential to meet an immense need for IECMH treatment services around the country and fill serious gaps in the mental health workforce. But funded at \$5 million, they are only currently reaching young children in eight states. By expanding the grants and directing resources where the foundations of strong mental health are laid – with young children, starting from birth- you are investing in the future stability and capacity of our nation. For this reason, we urge you to increase funding for the Infant and Early Childhood Mental Health grants in the Fiscal Year 2020 appropriations process, and in doing so,

invest directly in much needed services that will support young children, build the workforce, and strengthen communities and our country.

Sincerely,

ZERO TO THREE Alabama Partnership for Children Alliance for the Advancement of Infant Mental Health American Academy of Pediatrics American Group Psychotherapy Association American Psychiatric Association American Psychological Association Association for Ambulatory Behavioral Healthcare Association of Maternal and Child Health Programs Boston Medical Center, Division of Developmental and Behavioral Pediatrics Campaign for Trauma-Informed Policy and Practices Child Trauma Research Center at University of California San Francisco **Clinical Social Work Association** Collaborations for Growth Connecticut Association for Infant Mental Health. Inc. Global Alliance for Behavioral Health and Social Justice Illinois Association for Infant Mental Health The Jewish Federations of North America Kansas Association for Infant Mental Health Louisiana Infant Mental Health Association Mental Health America MomsRising NAMI, National Alliance on Mental Illness National Association for Rural Mental Health National Association of County Behavioral Health and Developmental Disability Directors National Association of Pediatric Nurse Practitioners National Association of Social Workers National Hispanic Medical Association National Register of Health Service Psychologists New York Zero-to-Three Network, Inc. Nurse Family Partnership Ohio Association for Infant Mental Health **Ounce of Prevention Fund** School Social Work Association of America Society for Adolescent Health and Medicine Southwest Human Development The National Alliance to Advance Adolescent Health **Trinity Health** Tulane Institute for Infant and Early Childhood Mental Health United Way Worldwide Virginia Chapter of the American Academy of Pediatrics Voices for Virginia's Children Wisconsin Alliance for Infant Mental Health