

## <u>Telemental Health Chart</u>

|                    | HIPAA   | LICENSURE   | MEDICARE*   |
|--------------------|---|---|---|
| Before<br>COVID-19 | All vendors must be<br>HIPAA compliant;<br>video conferencing<br>companies must sign<br>business associate<br>agreement (BAA) | Must be licensed where<br>the social worker is<br>located <b>AND</b> where the<br>client is located; not all<br>states authorize the use<br>of teletherapy. | Medicare coverage and<br>payment of telehealth services<br>provided on a <u>limited</u> basis                               |
| During<br>COVID-19 | OCR will not impose<br>penalties for<br>noncompliance with<br>certain HIPAA Rules   | Temporary suspension<br>of social work licensure<br>regulations for<br>telemental health in<br>certain states   | Recently passed legislation<br>eased some Medicare telehealth<br>restrictions   |
|                    | No risk of HIPAA<br>sanctions/penalties for<br>lack of BAA  | The other state, where<br>the client is located, also<br>needs to allow the<br>provision of telemental<br>health services                                   | Section 1135 waiver allows for<br>Medicare coverage and<br>payment of telehealth services<br>on a <u>broader</u> basis      |
|                    | Permits use of non-<br>public facing video<br>conferencing apps (i.e.<br>Skype, Facetime,<br>Messenger)                       | Check with professional<br>liability company for<br>coverage of telemental<br>health services   | Section 1135 allows for waiver<br>of telehealth provider licensure<br>regulations for<br>Medicaid/Medicare<br>reimbursement |
|                    | Prohibits use of public<br>facing video<br>conferencing apps (i.e.<br>Facebook Live,<br>TikTok)                               | Check with payor for<br>reimbursement of<br>telemental health<br>services   | Section 1135 waivers do <u>NOT</u><br>override state regulations  |

The regulatory changes made during COVID-19 are temporary unless otherwise noted.

<u>HIPAA</u> - The HIPAA rule relaxations specifically address the enforcement of HIPAA requirements related to the types of platforms used for video-conferencing and the need to enter a Business Associate Agreement (BAA) with the platform provider. The rule relaxations of HIPAA enforcement apply to <u>all</u> HIPAA-covered entities, even if they are not Medicare/Medicaid providers.

<u>CMS</u>\* – Applies to Medicare/Medicaid/CHIP providers. CMS, through section 1135 waivers, expanded telehealth coverage that was tightly restricted. Prior to COVID-19, patients were required to connect from a health facility that had approved video conferencing technology. During COVID-19, patients can connect from home via video on a smartphone or other digital device. The section 1135 waivers will end upon termination of the public health emergency, including any extensions.

<u>LICENSURE</u> – Check to find out if regulatory provisions for telemental health have been temporarily suspended in your state at <u>https://www.aswb.org/regulatory-provisions</u>

© March 2020. National Association of Social Workers. All rights reserved.