

COVID-19 Related News Items – April 2021

Amy Mudd is a member:

[\[Video\] 'It's because of me': COVID survivors struggle with guilt over loss of loved ones](#)
WHAS

Amy Mudd, a licensed clinical social worker, said the guilt is not permanent and there are ways to get through it. "There was something horrible that happened, but where is the good still...[look] for opportunities to give back and contribute in some way," Mudd said. "The good news is that we have a lot of options that will work. If they can find a therapist they feel they can connect with that they can trust, and they try out the techniques and they figure out which one is right for them, then there is a lot of hope."

Andrea Mazzarino is a member:

[A Military Spouse's Perspective on the Pentagon's Flawed Response to the Pandemic](#)
Common Dreams

Now, let me turn to my own family. My husband is a naval officer and we're privileged. We have three graduate degrees between us and dual incomes. **I can do most of my job as a clinical social worker serving people from the armed forces and war-afflicted countries at home.** My husband recently transferred from a remarkably pandemic-exposed Pentagon to a civilian agency post where he can also largely work from home (except — sigh — when someone from the Pentagon must be greeted in person).

Lori Houston is a member:

[\[Audio\] COVID-19's impact on kids' mental health](#)
Alaska Public Radio

Remote learning, the loss of sports and activities and social isolation have caused an increase in anxiety and depression for children of all ages over the past year. With many kids heading back to classrooms and more vaccine availability, it almost feels like we are seeing the first glimpses of a return to normalcy. But the pandemic will likely have lasting effects on kids. Guest **Lori Houston, LCSW, RPT-S, Clinical Director, Clinician & Co-Owner, Playful Journeys Counseling Center**, discusses this issue.

Shara Kasznovitz is a member:

[Sexual assault reporting examined in Montgomery County amid coronavirus pandemic](#)
The Reporter

Shara Kasznovitz, a licensed clinical social worker at the Roxcy Bolton Rape Treatment Center in Miami, cited statistics from the [Rape, Abuse & Incest National Network](#) that "33 percent of sexual assaults are perpetrated by a current or former intimate partner," and the [U.S. Department of Justice's Bureau of Justice Statistics](#) found that "34 percent of child sexual abuse cases reported to police are perpetrated by a family member." "However, due to under reporting, the actual incidents of sexual

assault by someone in the home is thought to be higher," Kaszovitz writes in a [Jackson Health System](#) blog post.

[Report: To Boost Access to Mental and Behavioral Health, Integrate Primary Care](#)
[MedPage Today](#)

She stopped seeing her primary care doctor, stopped taking her medications, and ended up hospitalized for 2 weeks. But there was a silver lining: After she was discharged, **Burgos' mother was linked to a nurse practitioner, a licensed clinical social worker, a care coordinator, and a psychiatrist, all of whom speak Spanish,** and all of whom can share information about her care through the same electronic health record. Now her mother is more engaged in her care, and her providers are finally "on the same page," Burgos said. Her only regret, she added, is that her mother didn't get this kind of care sooner.