Practice Alert

COVID-19 Resources for School Social Workers

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During the COVID-19 public health emergency, school social workers are essential staff and continue to play a vital role in ensuring that students continue to receive much-needed mental health, education and other services despite school disruptions from the pandemic. Below is a list of resources that school social workers may find helpful when providing services to students and their families.

COVID-19 Adjustment

This site provides a number of resources to help students and their families cope with the pandemic.

.https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19

Social Skills Activity

This activity helps students to improve their social skills and emotional learning by processing their daily activities and thoughts with the school social worker through a virtual interaction.

 https://www.pinterest.com/pin/366339750942942727/

Calming Cards and Calming Catcher

Calming cards are helpful for students who are emotionally dysregulated.

https://resilienteducator.com/classroom-resources/calming-cards-calming-catcher/

Social Media Resources

This resource helps students navigate and understand social media and may be shared with parents or caregivers for at-home learning opportunities.

https://www.commonsensemedia.org/resources-for-families-during-the-coronavirus-pandemic

(Available in English & Spanish)

K–12 Digital Citizenship Curriculum

School social workers can use this site to help students respond appropriately and avoid conflict when using the internet. Sample lessons include "Cyberbullying, Digital Drama & Hate Speech or Relationship & Communication". These lessons are available for all grades.

https://www.commonsense.org/education/digital-citizenship#digcit-program

Social Thinking PINTEREST for School Social Work (K-12)

School social workers may use this site for tips and tools for online games to teach social emotional skills, problem solving, and behavior management.

https://www.pinterest.com/search/pins/?q=Social%20thinking&rs=rs&eq=&etslf=5782&term_meta[]=Social%7Crecentsearch%7C2&term_meta[]=thinking%7Crecentsearch%7C2

Social Emotional Learning

School social workers can use strategies from this site to continue structured, social and emotional learning for students with autism. This site provides a variety of strategies, printable worksheets, websites and activities.   https://www.freewebs.com/kidscandream/page12.htm

Sibling Rivalry Solution

School social workers may interact with parents who have sibling rivalry concerns now that students are confined together at home. They encourage parents to remain vigilant and provide similar levels

of attention, time and interest to all of their children. This link provides training activities to support both the parent and sibling during this time of school closing and social distancing.

https://www.pinterest.com/pin/366339750942942727/https://www.pinterest.com/search/pins/?rs=ac&len=2&q=sibling%20rivalry%20solutions&eq=sibling%20riv&etslf=15047&term_meta[]=sibling%7Cautocomplete%7C0&term_meta[]=rivalry%7Cautocomplete%7C0&term_meta[]=solutions%7Cautocomplete%7C0

Positive Behavioral Intervention and Supports (PBIS)

During COVID-19, documentation by school social workers must continue to comply with government and private insurance requirements. School social workers may use PBIS documentation guidelines for recording problem behaviors.

https://www.pbisworld.com/

Internet Safety

When school social workers engage in online communication with students, it is important to frequently remind them about smart internet habits and safety while online.

https://www.commonsense.org/education/articles/23-great-lesson-plans-for-internet-safety

Vision Board

A vision board is a visualization tool used to build a collage of words and pictures that represent a student's goals and dreams. This board is used to create hope and reduce anxiety during COVID-19.

https://artfulparent.com/make-vision-board-works-10-steps/

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